

Continuous Glucose Monitoring System

#### Who to contact:

- For concerns regarding your insertion site, contact the clinician who did your procedure.
- For diabetes management questions, contact the clinician who prescribed Eversense.
- For technical questions or help getting started with Eversense, contact 1-844-SENSE4U (736-7348).

# **Eversense Next Steps**

### **Incision care for proper healing**

- · Do not swim or soak in a tub for five days.
- Avoid strenuous activities that may pull at the incision or cause a lot of sweating around the insertion area while the incision heals.
- Replace Tegaderm™ if it becomes saturated; otherwise, leave it on over the Steri-Strips™.
- Leave Steri-Strips<sup>™</sup> on until they fall off.
- Trim the edges of the Steri-Strips<sup>™</sup> if they start to curl; do not remove them when doing so.

### Notify your doctor if:

- Steri-Strips™ come off before incision is fully closed.
- You develop a fever, or experience pain, redness, swelling, warmth or drainage at the incision site.

**Note:** If you need to replace your Tegaderm<sup>™</sup>, take extra care to ensure the Steri-Strips<sup>™</sup> do not get pulled off.

Thoroughly review the *Benefits and Risks* section of your *User Guide*.

### Helpful training videos are available at www.eversensediabetes.com.

## 1 Day One: Get Started

- Read the enclosed *User Guide* and *Quick Reference Guide*.
- Download the Eversense App version that is compatible with your system, and pair your transmitter to your mobile device.
  - IMPORTANT: Refer to the enclosed *User Guide* to confirm which app to use.
- Link your sensor and smart transmitter and begin the 24-hour Warm-Up Phase.
- Enter the settings provided by your diabetes care team.
- Turn off your transmitter, there is no need to wear it until you begin the Initialization Phase.

### 2 Day Two: System Initialization Phase Begins

- Position smart transmitter with adhesive over sensor and complete 4 Initialization calibrations with a minimum of 2 hours between each calibration.
- After the 2nd successful calibration, you will begin to see your glucose data.

## 3 Day Three and Beyond: Daily Wear

- Daily Calibration Phase begins.
- To share CGM data with your health care provider, follow the steps in the *User Guide*.

#### **Eversense Customer Care:**

1-844-SENSE4U (736-7348) Support@eversensediabetes.com